



CARMEL THOMAS

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PERSONAL PROFILE

I am very friendly and an approachable person. I get along with people and am an enthusiastic team member. I have developed the ability to adapt to changes, very flexible and always looking at fresh approaches to situations.

I am also very creative and am an artistic person, I enjoy putting up children's work on displays; and have the ability to communicate effectively with children and parents. I am reliable, punctual, hard working person who is willing to learn and take on new challenges.

A trustworthy, responsible person, with a bubbly personality who enjoys communicating with people on all levels.

Able to work alone, using own initiative and is a good team player. Able to multi task while prioritizing workload and meeting deadlines effectively. Seeking a career within Childcare sector in order to gain experiences and develop more knowledge.

SKILLS AND ABILITIES

- Excellent time keeping
- Able to follow instructions
- Excellent communication skills both verbal and interpersonal
- Efficient and a quick learner

EMPLOYMENT HISTORY

Adams kids Sept 2003 - Jan 2004

Customer Services

Duties include:

- Offering good customer service skills including dealing with complaints and enquiries
- Ensuring the shop floor is kept clean and tidy
- Taking telephone orders
- Dealing with deliveries

WORK EXPERIENCE

Francesca Cabrini Primary School, London

Year 2000

(Two weeks work placement)

Duties include:

- Reading various stories to children to improve reading skills
- Engaging in various social activities with children
- Assisting teacher with lesson planning
- Liaising with parents to discuss about child's progression and other concerns
- Supervising children during break and lunch period

Christ the King College

Sept 2004-2005

- - Fashion and textiles BTEC 1ST
different materials ,sewing and screen printing

EDUCATION

Southwark College

Fashion and textiles level 1

Pass

Pass

NVQ level2 fashion and textiles

Voluntary

6 months

In these 6 months I learnt about mum and baby which I found very interesting.

I worked with parents with HIV which was a very emotional experience but also very rewarding . we would take children out on day trips. On one occasion we took the children to wales, for a couple of days I had a responsibility of ages 8-14.

There was a lot of outdoor activities which I enjoyed .On the days we go on trips like this the parents could have pamper days.

EMPLOYMENT

Nursery worker

Bresta (agency)

May 2009-2011

Travelled to different nursery settings Nursery Assistant

Providing care for children.

I was providing childcare in different nursery's

**Youth club work / agency work
4 months jan-April**

I worked in a youth club I would pick the children up from school with a group of staff also doing activities such helping with homework and dealing with issues they might have so we are there to give them advice. Also giving them tea at the end of club.

EMPLOYMENT /TRAINING

Gumboots community Nursery
2011-2013

- planning indoor and outdoor
- changing nappies,
- Making bottles if needed, sterilizing bottles in preschool setting up different activities interaction with parent in various rooms. Talking to parents
- Doing reports, parents evening, taking observations (long or short) taking care of folders which contain children's information which you taken over a period of time. Having a set amount of key children.

Hawk Training - EDI level 2 diploma for children and young people's workforce (early learning and childcare) may 2011- may 2012

EDI level 3 diploma for children and young people's workforce (early learning and childcare) may 2012- Nov 2013

Nanny share 2013-2016

Two families where I am a nanny to both.alternating between the two families homes each week

**Nanny
2014 – 2016**

- Depending on the age of the children bottles are made.
- Meal preparation breakfast, lunch and dinner.
- Attending playgroups which the parents have paid for or I myself have found.
- Activities are also done, for example: making play-dough, messy play, painting and other learning activities such as reading and writing.
- Learning colors using fun activities.
- Sand and water activities outdoors.

- Sending the family pictures when the children are doing activities and out on trips or playgroups.
- In the summer I spend most of our days in the park having lunch and feeding the ducks.
- Mark making in the park using chalks.
- Meeting with other nannies and having play dates to encourage interaction.

Nanny 2016-2019

In my nanny roles I looked after two children ages two and four at the time. a normal morning would start with breakfast getting children ready for school and getting packed lunch ready if needed.

In my role as a nanny I had responsibilities of looking after a child with celiac meaning the child can not have gluten .

My duties was to make shaw the kitchen was clean no crumbs due to the sibling being a celiac. I was very good with time keeping and doing early shifts if parents had to leave early in the morning for traveling Ect.

On certain days in the week I will bring the older child to classes such as tap,ballet and swimming.

Interest

I enjoy listening to music and socialising with friends and family.

I also have a great passion working with children and I believe that I would be a great role model to young people. I enjoy working with the public .

In my spare time I like to do interior design course. I like to have chilled weekends in is my favorite.

I also do a lot of babysitting for family members and also old families that I used to work for in the pass.that's how I have gained more experience.

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