

Metropolitan Police Service

The Forest Hill Post

Good News, November - December 2023

Special points of interest:

Forest Hill Post Newsletter!

- Over 114 stolen vehicles recovered on the three wards
- Increased foot patrol on the Forest Hill Ward
- More engagement with the community



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Welcome Forest Hill residents to another monthly newsletter,

please see the key to see what this newsletter contains!

What we've done..

This is a short break down on what we have done this month—

Forest hill SNT has attended multiple addresses throughout the ward conducting arrest enquiries for outstanding suspects that are believed to live on the ward.

We have also recovered more stolen vehicles. The total for the year is now 114 vehicles recovered. This is also including stolen vehicles found within Perry Vale and Crofton Park as we are a united team.

Multiple homeless people have been moved on from the underpass by forest hill station one as requested by residents one of which was wanted by police so was arrested.

On speaking to a lot of these 'homeless' they do have places to go but state that it is easy to get money by sitting on the street. So although it may seem like people are helping these people by giving money it is also encouraging them to remain in the cold putting their health at risk.

Mental health assessments have been attended this month which are used for residents these are set up using LEWISHAM SLAM and police are there as an extra set of hands to help out if the subject were to become violent, more times than not that doesn't happen but it is an extra precaution taken by them to insure everyone's safety and that the mental health subject can safely get the assessment and help that is needed.

We vow to be more involved with events taking place in the area such as the forest hill assembly and other community events as often we are preoccupied with other works, the engagement of us and our ward has now become a priority to us.



In summery this month we -

Performed arrest enquires

Contacted councils and housing associations to remedy issues within the ward

Recovered stolen vehicles

General patrols of the ward

Attended mental health assessments

Were abstracted to help maintain the peace in protests that occurred

Seasonal Burglaries — Keeping Your Home Secure This Christmas and New Year

With Christmas drawing closer, more of us will be purchasing presents for our loved ones and keeping them in our homes. Unfortunately, opportunists will try to take advantage of this. We must all be extra vigilant so here are some helpful tips on keeping your home secure this festive period:

- ◆ Lock all doors and windows when you leave the house—even if its only for a few minutes
- ◆ Keep all valuables out of sight
- ◆ If receiving parcels—make sure they are not left on the doorstep
- ◆ Keep all keys (car keys, house keys), handbags away from the letterbox
- ◆ If you have side gates, ensure they are locked
- ◆ If out all day, use a timer device to automatically turn lights and radio on
- ◆ Keep an eye out for your neighbours, if you see something suspicious then call 101 or 999 if there is an immediate threat



Looking After One Another

This time of year can be hard for people, especially our elderly neighbours or people who are struggling financially.

With this in mind, keep an eye on your neighbours. A simple hello and smile may change someone's day.

If you can afford to, donate to Lewisham food bank. They operate out of Perry Rise Baptist Church, SE23 2QL on Thursday's from 1200-1400 hours.

If you have concerns about someone, you can call 101 and ask for a welfare check to be conducted at their address.

There are plenty of charities who offer help for anyone struggling. Some include:

Family Action— <https://www.family-action.org.uk>

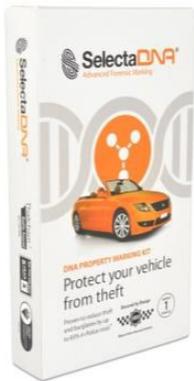
Samaritans—<https://www.samaritans.org/how-we-can-help/contact-samaritan/>

Mind— <https://mind.org.uk>

If you or someone you know is suffering from Mental Health issues, you can contact your local GP, attend A&E or call 999 in an emergency. You are not alone, we are here to help.



Motor vehicle crime awareness community event



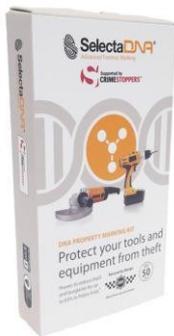
We hosted Motor vehicle crime awareness event.

FOREST HILL, PERRY VALE & CROFTON PARK Safer neighbourhood team have come together to host a community event purely to provide people with knowledge and reassurance when it comes to motor vehicle thefts.

Vehicle window etching — Glass etching with unique codes to individual pack that is issued.

Security stickers —Special security stickers that we place on the engine or chassis out of sight this sticker cannot be removed easily and leaves a mark.

Visible security stickers —These stickers can be put as a visible deterrent against vehicle thieves. Placed inside and easy to remove in case you no longer want it on show.



DNA marking drops —These drops can be applied via the applicator which is a clear dot barely visible to any device or property which has unique DNA assigned to individual packs. This is good for laptops or any high value property.

Information —Security information for your vehicle such as steering wheel locks and pedal locks ghost immobilizers and faraday pouches.

Tool marking kits —Much like the DNA marking drops specifically designed for tools. Usually £60 but were giving them away for free!

HOW IT WORKS



Step 1

Use SelectaDNA to mark and protect your property



Step 2

Put signs up to show that your home or business is protected



Step 3

Register your unique DNA code on our secure database

Keep your vehicle & property safe

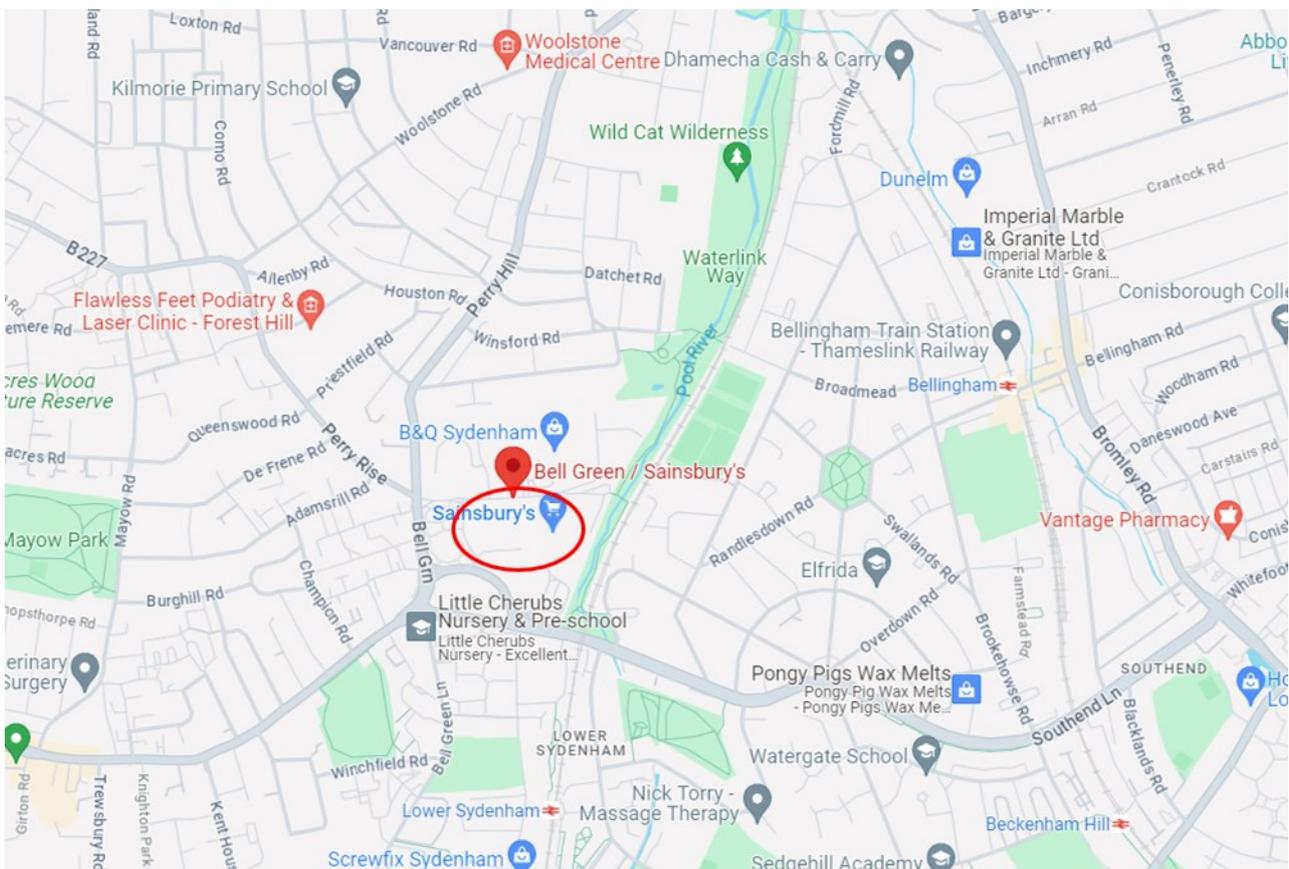


Motor vehicle crime awareness community event

This event took place at **BELL GREEN SAINSBURYS CARPARK, SOUTHEND LANE, SE26 4PU**

Moving forward we will host more vehicle marking at the same location and possible tool marking at a new location such as builders merchants.

If your vehicle meets the criteria feel free to email us if you live in the Forest Hill, Crofton Park or Perry Vale ward and we will come and etch your vehicle and give you a kit.



Criteria

Due to the limited number of vehicle kits we have we have had to target a certain criteria of vehicles this is if your car was made in 2019 onwards or if it is a luxury vehicle.

We hope to continue these events and with time open up the eligibility to everyone.



Community engagement! - upcoming events

This section of the newsletter is dedicated to community engagement events that are yet to come!

- Ward panel meeting
- Coffee with a cop



Reporting an incident to police, call 101 or if in immediate danger 999

Coffee with a cop returns..

Metropolitan Police Service
COFFEE WITH A COP

Coffee with a cop!

Coffee with a cop is back and is a great informal way to meet your local Forest Hill Safer Neighbourhood Team as well as method to express any issues or advice in a relaxed neutral environment.

Coffee with a cop will take place at
FOREST HILL POOLS
Dartmouth Rd, Forest Hill, SE23 3HZ
Which will be a monthly event

It will be attended by a PC & PCSO
So that any questions or query's can be answered.

METROPOLITAN POLICE

The team are eager to engage with as many members of the public as possible in order to tackle any issues our residents may be experiencing.

Due to this, we will be holding a engagement events at various locations on the ward.

This will be held at FOREST HILL POOLS as you may see these posters within.

These posters will have dates and times written on the white boxes and changed after each session. The next session will be 24th JANUARY 2024 at 1600.

We encourage anyone to come along who wishes to speak with us.

Equally, if you just wish to meet your local team to say hello, that would also be welcomed.

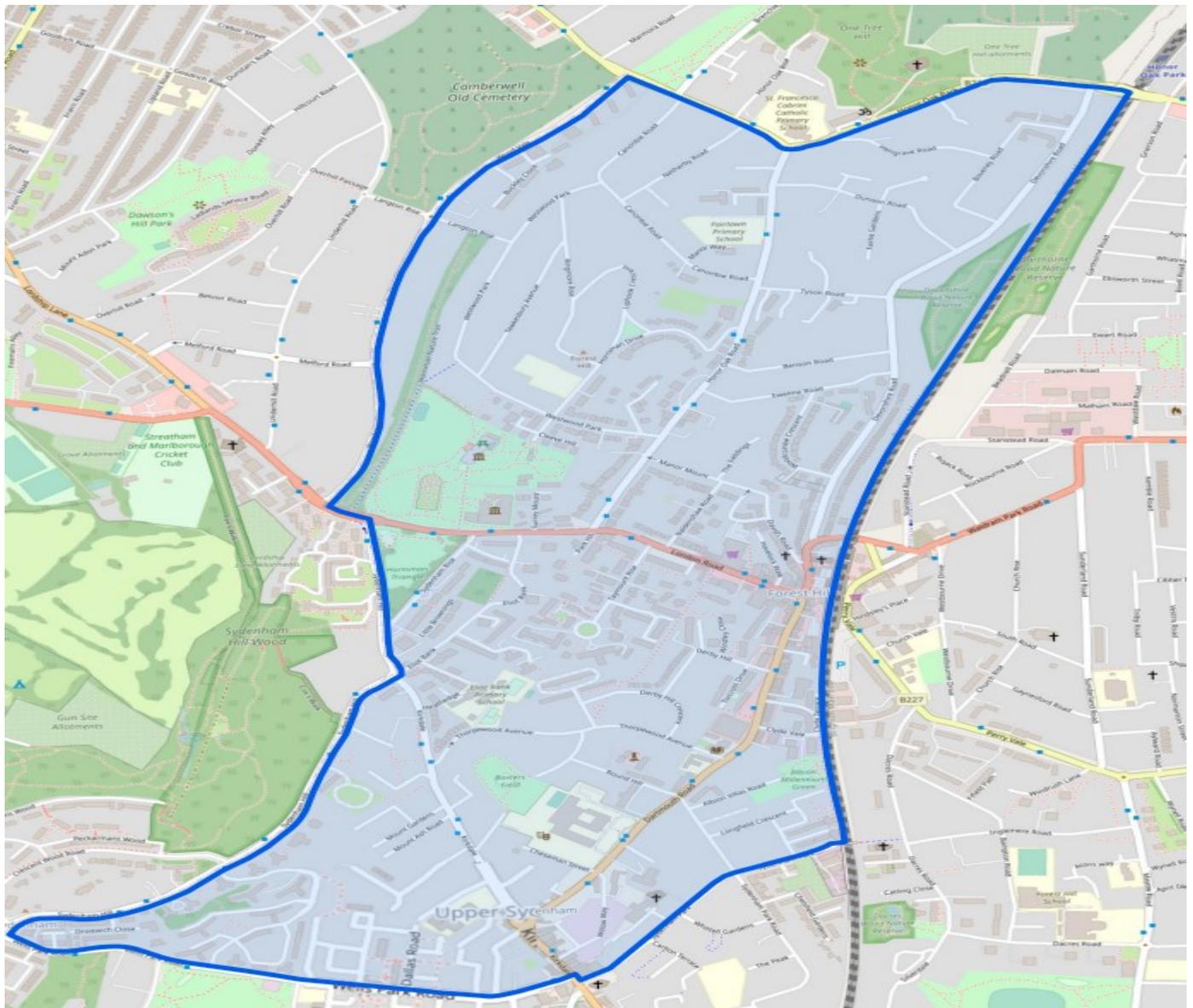
Any ideas for possible community events please let us know, we welcome suggestions.

Patrol radius & routes

This is the radius of the Forest Hill Ward.... That 's a lot of area to cover but due to the positive reaction we received from being seen conducting foot patrols we have actively increased foot patrols in the area and will hopefully regularly be seen by the community. Due to the dark nights getting earlier and earlier as winter is upon us, you will see SNT patrolling in high visibility jackets.

Patrols will also include weapon sweeps and general engagement with the public.

Please always feel free to stop for a chat with PC DALTON, PC NYE or PCSO Amie MCREERY who will be stopping in on local businesses and interacting with residents as much as possible.



Your Local Team;

Team Sergeant;

A/PS Nathan Munday

Dedicated Ward Officers;

PC Rosie Dalton, PC Jordan Nye,

Dedicated Ward PCSO;

PCSO Amie McCreery



Have you got any cause for concerns or any issues you need some advice with?

Check out our twitter; **@MPSForestHill** which is the twitter page for all 3 wards, Forest Hill, Crofton Park & Perry Vale.

Want a say in your local community? Join our Ward Panel!

Forest Hill Ward Panel needs you! Every 3 months, the panel meets and discuss face to face, issues and problems on the wards that can be solved with The Police Team. These meetings are held at either Forest Hill Library, which is located on Dartmouth Road, or via Zoom Meeting.

We are always looking for new members that live or work within Forest Hill whom have issues, want to have a voice in their community and those whom want to make a difference. Our next meeting yet to be confirmed but will be taking place in September. Please email us expressing your interest in joining, and you will be added to the ward list.

Have any issues that cant wait until Ward Panel or need to get in contact with us over something else?

Email us! We look forward to hearing from you.



Contact Us

Email; ForestHill.SNT@met.police.uk

Phone: 0208 721 2723

Please leave a voicemail if needed and we will get back to you.

As the newsletter is a new venture for us, please do feel free to get in touch with any suggestions you may have, or if there is anything in particular you would like us to feature in next months article!!